Guidelines to Good Lighting

TCNJ energy conservation program provides the following guidelines for high quality, energy efficient lighting for College offices:

- In general, rely on overhead fluorescent lighting which is energy efficient and should provide adequate illumination.

- When repainting office spaces, always chose a white or off-white color to maximize wall reflectivity and the efficient use of lighting. Even light colors (anything other than white) will significantly reduce lighting levels.

- When more light is needed (or when overhead fluorescent lighting is excessive), try task lighting at the point of use.

- Use task lighting with compact fluorescent lamps (not wasteful incandescent bulbs).

- Turn off all unneeded lights

- Do not use energy-wasteful Halogen floor lights.

- Do not use table lamps and other decorative lighting which serve no functional purpose and just add to taxpayer-born costs of campus energy waste.

- Experiment with window blinds to maximize the use of daylight. By adjusting blinds you should be able to reflect daylight into your office without introducing direct sunlight. If day lighting makes electric lighting unnecessary, please turn off your lights!

- If you have bi-level switching, try turning half your lights off.

- If glare on your computer monitor is a problem, try: (1) tilting your monitor down to move the reflection off the screen, (2) moving or turning the monitor so it does not face a source of glare, (3) reducing fluorescent lighting and shifting to task lighting.

- For lighting problems, call TCNJ Facilities by calling 2353 from any campus phone